

# **About Rhubarb Farm**

At Rhubarb Farm, we are passionate about making a difference. As a social enterprise and charity, based in Langwith on the border of Derbyshire and Nottinghamshire, we support individuals with diverse needs, including those with learning and developmental disabilities, mental and physical health challenges, those not in employment, education or training, individuals recovering from substance use problems, and older adults experiencing isolation.

# **Transforming Lives Through Horticulture**

Through the transformative power of social and therapeutic horticulture, we provide life-changing support. Our dedicated Support Workers lead a variety of engaging activities such as horticultural tasks, animal care, food work, and site maintenance. These activities not only enhance practical skills but also promote mental and physical well-being.

## **Empowering Growth**

Beyond horticulture and daily farm work, we offer dynamic activities, workshops, and courses designed to build confidence, develop skills, and foster a deeper connection with nature. Our goal is to empower individuals to grow personally and professionally, contributing to a brighter, more inclusive future.

## **Nourishing Our Community**

The fresh produce cultivated at Rhubarb Farm is shared affordably through our Food Pantry, nourishing and sustaining our local community. We are committed to sustainability and believe in the potential of every individual to make a positive impact.

## **Our Mission**

At Rhubarb Farm, we're here to support people, our community, and the environment with a warm and inclusive approach. We offer a safe and welcoming space where everyone can grow and thrive. By combining local food production, social and therapeutic horticulture, and social enterprise, we help people build skills, gain confidence, and make lasting connections while caring for the natural world.

## **Our Vision**

Our dream is to change lives and communities through the power of social and therapeutic horticulture and social enterprise. We want to be a place of hope and support, where everyone, no matter their background or challenges, can find purpose, growth, and a sense



of belonging. By connecting with nature and promoting sustainable practices, we see a future where our community flourishes in harmony with the environment.

## **Our Values**

- 1. **People**: The people we support are at the heart of everything we do. We believe in creating a safe, inclusive, and non-judgmental space where everyone feels valued and supported.
- 2. **Community**: We're deeply connected to our wider community, building strong bonds that bring people together. Through shared resources, education, support, and opportunities for growth, we create a nurturing, inclusive environment.
- 3. **Opportunities**: We empower the people we support by offering chances for personal growth, learning, and development, both on and off the farm. We help individuals gain life skills, prepare for work, and pursue their dreams, no matter how big or small.
- 4. **Collaboration**: We love working with local businesses and building partnerships to raise awareness and secure vital support. By collaborating, we can grow our community initiatives and make a lasting impact.
- 5. **Resourcefulness**: We're proud of our ability to turn even the smallest contributions into significant impact. Through creativity and efficiency, we make sure every resource is used to its fullest potential.
- 6. **Health & Wellbeing**: At Rhubarb Farm, we prioritise the physical, mental, and social wellbeing of the people we support and the wider community through social and therapeutic horticultural activities. These hands-on experiences help people connect with nature, promoting healing, resilience, and personal growth.
- 7. **Cultivating Growth**: We're dedicated to using social and therapeutic horticulture to promote growth, learning, and wellbeing. By embracing sustainable gardening techniques and innovative practices, we create an environment that nurtures both plants and people.

# **Our Support Programmes**

## **Supported Day Care Placements for Adults**

Supported day care placements for adults offer a wonderful opportunity for individuals to thrive in a nurturing environment. Imagine spending your day gardening, caring for animals, or joining in fun social activities – all while making new friends and feeling part of a



community. Each person receives personalised support, whether they prefer group activities or need one-to-one assistance. This holistic approach not only enriches but also gives their carers a much-needed break. It's all about creating a positive, supportive space where everyone can flourish!

## **Mental Health Support for Adults**

Our mental health support program integrates seamlessly with our farm activities, providing a safe and understanding environment for adults facing mental health challenges. We offer a range of activities designed to improve mental well-being, build resilience, and foster a sense of community. Our dedicated team is here to support you every step of the way, helping you navigate your mental health journey with care and compassion.

# **Addiction Recovery Support for Adults**

Our addiction recovery support program is dedicated to helping individuals overcome substance use problems and rebuild their lives. By taking part in farm activities and receiving personalised support, individuals can find the strength and resources they need to achieve lasting sobriety and well-being. Our goal is to provide a supportive and non-judgmental space where recovery can flourish.

## **Employability Support for Adults**

Our progression programme is designed to help adults develop the skills and confidence needed to enter or re-enter the workforce. Through job search help, training opportunities, and workshops focused on enhancing employability, participants can gain new skills and prepare for future employment. Whether you're looking to gain new skills or need support in finding a job, our team is here to help you succeed in your career goals.

# <u>Bolsover Social Circles Plus – Project Development Worker – </u> Background and Role Purpose

The Bolsover Social Circles (BSC) Project was funded in 2023-24 through Greenspring and the Derbyshire ICB (integrated Care Board – NHS).

The 3 partners were Bolsover Woodland Enterprise, Pleasley Pit Trust and Rhubarb Farm. It was co-ordinated by Bolsover CVS (Council for Voluntary Service).

The aim was to get vulnerable people out into nature, gaining new experiences, developing confidence and alleviating social isolation. Working together, the partners accepted referrals from each other, and organised nature events and activities to enrich the lives of Bolsover residents.



Bolsover Social Circles Plus (BSCP) is an extension and expansion of the original aims of BSC. Pleasley Pit Trust have withdrawn, and Doe Lea Resource Centre has replaced them. It has also brought New Houghton Community Hub (NHCH) into the partnership. NHCH is the youngest and smallest of the partners, and a new aim is to support NHCH to grow and strengthen.

This partnership will develop a legacy of practice and participation through nature activities and events, based on local expressions of need, grow pride of place, create new experiences, create a support network, and promote networking and engagement opportunities for people in all Bolsover communities.

The lead partner in BSCP is Rhubarb Farm. The Farm will provide HR and supervision for the BSCP Worker, but the Worker will also liaise with key people in each of the other 3 partner organisations.

Are you ready for the challenge?

Contact Anita or Wes today for further information or to arrange a voluntary day with us.

Phone: 01623 741210

Email: enquiries@rhubarbfarm.co.uk

The closing date for this vacancy is 28th February 2025.